

Superhero Cape K-2

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Lesson

There are many items that can be recycled or reused such as a glass jar that can be recycled & can be reused to store food, change or even be decorated to be a holder for pencils & markers. Plastic water bottles can be recycled or reused. Some people refill them with water & continue to use them. There are companies such as Lilly Bloom that take water bottles & make them into luggage & purses. Have you ever thought of things that cannot be recycled in your bins at home? What about tennis balls? When tennis players find the balls that don't have enough bounce, they will discard them. There is no bin for Tennis Balls! Think about what you could do with a tennis ball? These discarded tennis balls still have enough bounce for playing with & many crafty people turn them into all kinds of things such as toys for pets. Have you ever thought about what happens to t-shirts when they no longer fit? Is there a bin for fabric? The answer is there is no bin for fabric from clothing or other household items such towels. Towels & t-shirts can be used as rags for cleaning. For the purpose of this lesson, you will learn how to make a Superhero cape & mask from a t-shirt.!



Questions for students

What kinds of items around your house are made from fabric?
What do you think happens to fabric when you no longer use it at your house?
Can you think of other things that can't go in the recycling bin?
Have you ever thought of what your Super Hero outfit would look like?

Please us the Other Resources Page before you start the art project



Materials

- Old T-shirt (Larger size than you wear)
- Sharp Scissors
- Permanent Markers/Fabric paint/Fabric Markers.
- Optional: Sequins & Glue/Needle & Thread



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Other Learning Resources

Books About Games & Manners

DC Super Friends- How to Be a Superhero- Super Hero Handbook
by Courtney Carbone
Superhero Instruction Manual by Kristy Dempsey
Superhero School by Thierry Robberecht

Learn More About Fabric Recycling

<https://www.thebalancesmb.com/the-basics-of-recycling-clothing-and-other-textiles-2877780>

Videos About Superheroes

<https://www.youtube.com/watch?v=l4Wv3J2trMs>

<https://www.youtube.com/watch?v=R426Pb7SIk8>

https://www.youtube.com/watch?v=l_03Bu50oo8

Videos Learn about fabric

<https://www.youtube.com/watch?v=Quw9l40xNVE>

<https://www.youtube.com/watch?v=eIU32XNj8PM>



Instructions

Parents should help with the steps in Green



1. Gather your materials.
2. Cut both sleeves off the t-shirt & save them for making your mask later.
3. Choose a side with the least amount of graphics on it & draw a line from each side of the neck to the bottom the t-shirt, see picture. You should end up with two lines.
4. Cut up to neck front side only.
5. Cut around neck, the rest of the left over fabric can be used for cleaning or another project.
6. Use markers/paint to decorate the cape - turn inside out if there was designs on the t-shirt that you do not want to see.
7. For the mask, take one sleeve with the raw cut edge facing up & draw ovals for your eyes, make sure you have two!
8. Fold the sleeve in half where the eye is, cut the eyes out, see picture.
9. Decorate your Mask with markers or paint.
10. What kind of superhero are you? What are your super powers, try & make your cape reflect that. Have fun saving the world!

